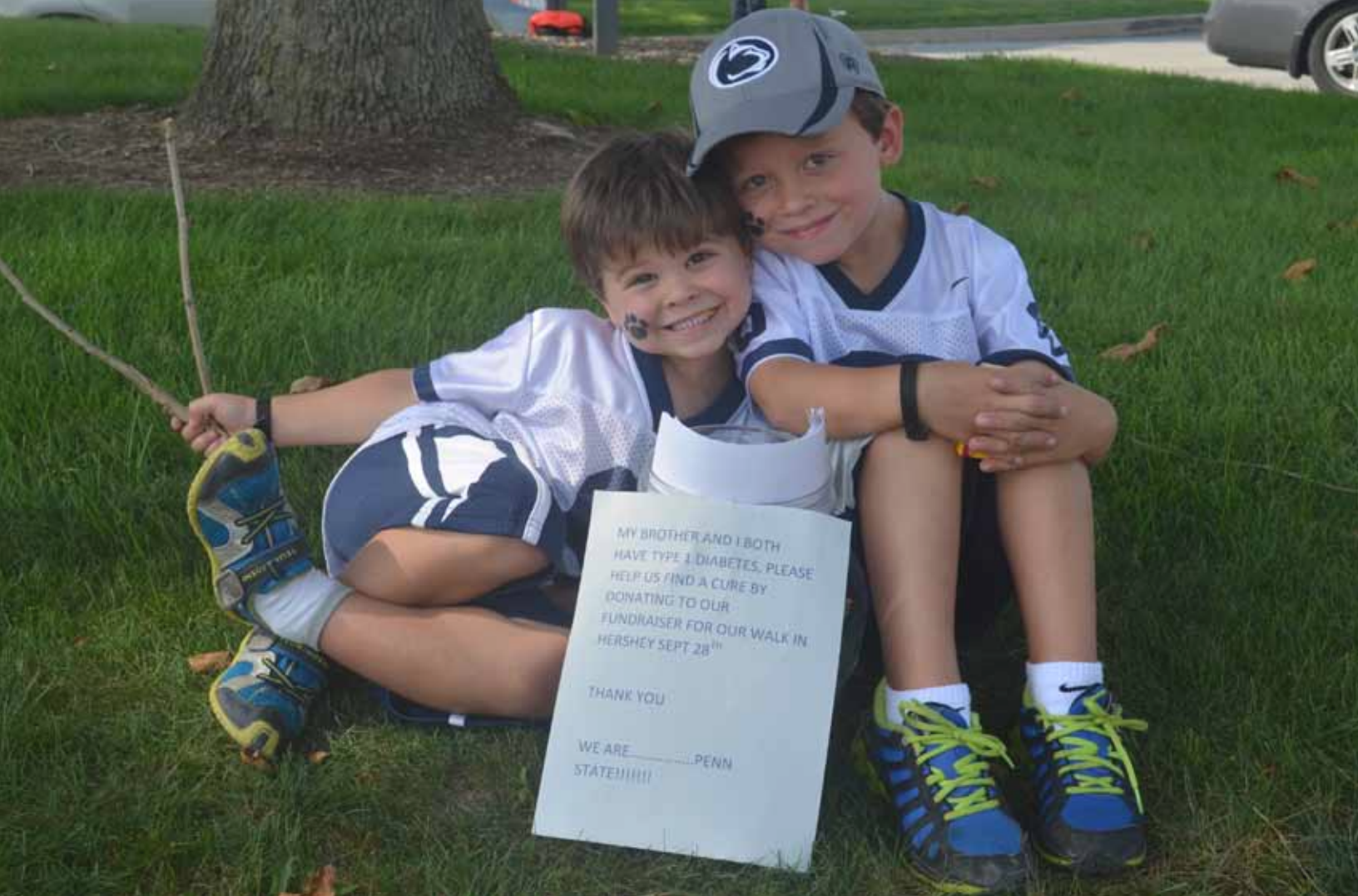


2013 • Annual Report • 2014

the plan to turn type one into
typenone

JDRF IMPROVING
LIVES.
CURING
TYPE 1
DIABETES.

Central Pennsylvania
Chapter



Local T1D Spotlight
Nicholas and Drew Walker
2014 Hershey Walk Top Team
(told by their mom, Bessie)

Nicholas was 5 when he was diagnosed with type 1 diabetes (T1D) in April 2013. A few months before we thought something was off. He was often tired and spacey. All of a sudden he started wetting the bed and was extremely thirsty. I made an appointment with the doctor and one day later found out it was T1D. We were devastated. Seven months later our youngest son Drew, age 4, was also diagnosed with T1D. I was so angry; I couldn't believe this was happening again! We were still learning to deal with

the disease with our first son. Drew was hard at first, having to pin him down to give him shots. Dealing with his emotions was not easy. Over a year later we have adapted for the most part into our new routine. Some days are easier than others. There's so much work that goes into T1D other than giving shots that most people don't understand. With Nicholas and Drew being so young we are responsible for the everyday care of the boys. That's a lot of pressure and stress on parents. I think that is one of the most difficult parts about this disease - it's mentally exhausting, and there's never a break or a day off. We can't be more proud of our boys and how well they deal with T1D at such a young age. They stay happy and positive despite their struggles. We make

it a point to teach them that this disease does not make them different from anyone else, and they can do anything they want. This year was our first year of fundraising for the JDRF Walk to Cure Diabetes. We were absolutely amazed that as a team we were able to raise over \$17,000. It was very important to us that we worked hard to raise this money to say that we did our part to help find a cure for our boys and all Type 1 diabetics. We are thrilled about all of the medical advances that are being worked on to help find a cure. It's important to continue to raise money to help with research costs. We pray that by the time the boys are teenagers we will not have these worries to deal with anymore and we look forward to that day when there's a cure!

We're the plan for a cure type.

WHAT IS JDRF?

JDRF is the leading global organization funding type 1 diabetes (T1D) research. JDRF's goal is to progressively remove the impact of T1D from people's lives until we achieve a world without T1D. JDRF is the only organization with the scientific resources, regulatory influence, and working strategic plan to better treat, prevent, and eventually cure T1D.

GLOBALLY

JDRF is the largest nonprofit funder of T1D research in the world.

JDRF's current T1D research investments



80%

of all funds raised by JDRF go directly to research and research-related education

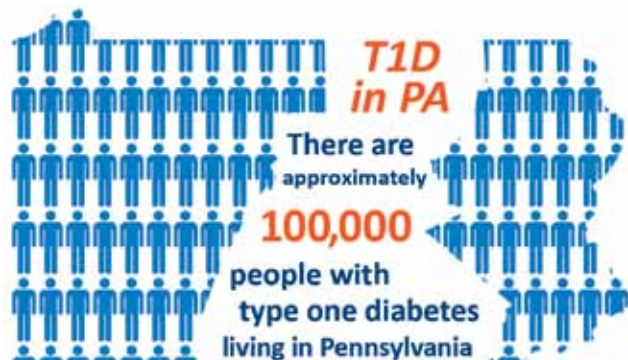


We're the putting your dollars to work type.

Forbes magazine has named JDRF as one of its top five "All-Star" charities, citing the organization's efficiency and effectiveness

LOCALLY

The Central PA Chapter of JDRF serves adults and children with T1D and their families in 24 counties: Adams, Blair, Bedford, Bradford, Centre, Clinton, Cumberland, Dauphin, Franklin, Fulton, Huntington, Juniata, Lancaster, Lebanon, Lycoming, Mifflin, Montour, Northumberland, Snyder, Sullivan, Tioga, Perry, Union, York



\$1.3 million

raised annually for T1D research by the Central PA Chapter

We're the stronger than we look type.

WHAT IS T1D?

Type 1 diabetes (T1D) is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone that enables people to get energy from food. It occurs when the body's immune system attacks and destroys the insulin-producing cells in the pancreas, called beta cells. Its onset has nothing to do with diet or lifestyle. There is nothing you can do to prevent T1D, and - at present - nothing you can do to get rid of it. T1D strikes both children and adults suddenly, causes dependence on injected or pumped insulin for life, and carries the constant threat of devastating complications.



A person with T1D needs a *minimum* of **3,000 finger sticks** per year to test their blood sugar (8 per day)



A person with T1D needs a *minimum* of **1,500 shots of insulin** per year just to survive (4 per day)

T1D by the Numbers

3 million

Americans have T1D

85%

of all people living with T1D are adults

30,000

kids and adults diagnosed with T1D every year

23%

increase in prevalence of T1D in Americans under age 20 between 2001 and 2009

\$14.9 billion

the health care costs of T1D in the US each year

Type 1 Diabetes

5-10% of people with diabetes

Cannot produce insulin

Cause is tied to autoimmune, genetic, and environmental factors, and cannot be prevented

Cannot be managed by diet and exercise alone

vs.

Type 2 Diabetes

90-95% of people with diabetes

Are insulin-resistant

Cause is tied to metabolism and genetic susceptibility, but can be prevented or delayed through diet and exercise

Can be prevented

We're the *in this together* type.

SUPPORT SERVICES

Along with our fundraising events and programs we provide support services to families affected by T1D. For more information on any of our support services, please contact the chapter office at (717) 901-6489. Need assistance with something not listed here? Call us and we will connect you with someone who can help!



Bag of Hope and Type 1 Care Packs

A free backpack offered to newly diagnosed children (Bag of Hope) or adults (Type 1 Care Pack) with T1D filled with a comprehensive collection of educational and support materials.

Toolkits

Resources for specific topics or life stages, including the School Advisory, Teen, Adult, Pregnancy, and Healthcare Provider Toolkits.

Educational Events

Events include research updates, family T1D forum for kids and parents, and Back to School forum.

Mentoring Program

A program that connects parents or adults with trained JDRF mentors to help them through a new diagnosis, new life stage, or other T1D challenges.

Support Groups

Meetings held approximately every other month in various areas. Parents, children, and adults with T1D are welcome.

Adult T1D & Young Leadership Committee

Networking events for adults with T1D held quarterly. The YLC is a young professionals group that hosts fundraising events for JDRF.

It is almost impossible to remember life before Friday, July 17, 2009, when our 2 year old son, Ryan, was diagnosed with Type 1 Diabetes (T1D). We didn't know the first thing about T1D nor did we know anyone who had it. It was devastating, frightening and absolutely overwhelming. We felt helpless and hopeless not knowing what the future would hold for our son. We could hardly breathe yet alone digest much of the information any of the physicians, nurses and dieticians were rapidly throwing our way. Although many friends and family showed their sincere concern we felt truly alone. We did what we had to do, day by day, to keep our son alive and deal with our new way of life. We also tried very hard to not let him see how upset we were and to make his life as "normal" as we could.

During this chaotic, time a family member referred us to our local JDRF Chapter. Although reluctant at first, we contacted JDRF. We immediately received a warm response and the name of a mentor family who we could speak to about any questions or concerns. We gradually reached out and spoke to others like us and got involved with JDRF. Our son is extraordinary and anyone who knows him admires him and his ability to overcome many daily challenges. We try to do the best we can without focusing on the negative. We attempt to channel all those useless feelings of fear, worry, anger and sadness into something productive. By providing support to others and actively fundraising for JDRF we know that something positive will come of all this. JDRF is tackling T1D from all angles. Their efforts are proving to be a very promising reality. Although there will be those days when hope may seem to waiver and tears outweigh the laughter, there will be many more days we can truly begin to see that light at the end of the tunnel. We are convinced now more than ever that our son will experience a cure in his lifetime. For more information about the JDRF Mentor program, contact Lauren McPherson at lmcperson@jdrf.org or 717-901-6489.

MEET A JDRF MENTOR

Linda Goles-Long
with husband Bill and son, Ryan





Local T1D Spotlight
Vanessa Belani

*“I have diabetes,
but diabetes does
NOT have me!”*

This year, I celebrated my 14th Diaversary. On October 20th, 2000 my life changed forever. I might argue it was even for the better. It made me see life from a whole new perspective. I know at times my friends want to block my posts because they get tired of hearing about diabetes, but one of the joys I get out of living with it is educating people! I didn't do anything to cause this to happen. I just happened to be a "lucky" chosen one. It's not because I ate too much candy and, although everyone seems to have a grandma with diabetes, the type I have is a little different. When you see Wilford Brimley on TV talk about "diabeetus", as much as I would love to be associated with him, the type I have is a little different. I

proudly wear my insulin pump and continuous glucose monitor 24/7 with the hopes that it will help me live a more normal, healthy life with few or no complications. I can still eat candy!!! (Shocker I know!) I can and will do anything I put my mind to, and nothing will stop me!

So, diabetes... It's been a happy, healthy, 14 years. Even with sick days, highs, lows, and the thousands and thousands of finger sticks, insulin injections via syringe and pump, and continuous glucose monitor insertions, I have diabetes, but diabetes does NOT have me! In celebration of my 14 year DIAVERSARY (insulin) SHOTS ON ME!!!

We're the make our research matter type.

JDRF research focuses on key therapies that hold significant promise in turning Type One into Type None



COMPLICATIONS

Therapies that progressively treat and reverse debilitating complications resulting from the impact of T1D throughout the body



GLUCOSE CONTROL

Improved insulin and non-insulin adjunct therapies that improve glucose and overall metabolic control for individuals with T1D



ENCAPSULATION

Implantable beta cell replacement therapies that restore insulin independence without the need for intensive immune suppression



SMART INSULIN

Single dose of insulin that circulates in the bloodstream and turns on when it's needed and off when it's not



RESTORATION

The body's beta cell function is restored and the autoimmune attack is halted - in short, the biologic cure for T1D



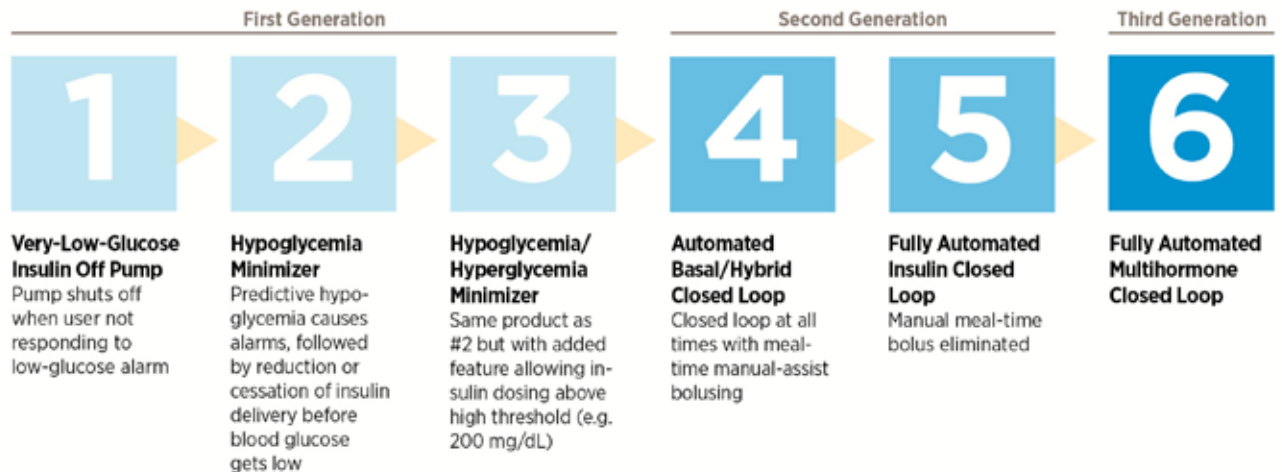
PREVENTION

Slow or halt the progression of T1D before insulin dependence, and long-term, eliminate the risk of developing the disease.



ARTIFICIAL PANCREAS

A series of increasingly sophisticated artificial pancreas systems that progressively eliminate blood glucose testing and automate delivery of insulin and additional hormones.



We're the progress is inevitable type.



At JDRF, we're focused on bringing life-changing therapies from the lab to the community by impacting every stage of the drug delivery pipeline.

JDRF-FUNDED ISLET ENCAPSULATION PROGRAM REACHES HISTORIC MILESTONE

First Ever Person with Type 1 Diabetes Receives Experimental Encapsulated Human Stem Cell-Derived Beta Cell Replacement Therapy

JDRF announced in October 2014 that JDRF-funded partner, ViaCyte, Inc., a leading regenerative medicine company, has for the first time ever implanted a person with type 1 diabetes (T1D) with an experimental encapsulated cell therapy product candidate, called VC-01TM. This individual, and others to follow, is participating in a trial to evaluate the safety and efficacy of the VC-01 product candidate, a potential replacement source of insulin-producing cells.

Encapsulated cell therapies have the potential to fundamentally transform the lives of people with type 1 diabetes by restoring a person's independence from insulin injections and reducing concerns of the complications that arise from living with the disease. This day would not have been possible without the basic stem cell research and the insights learned to protect insulin-producing cells from the autoimmune attack that JDRF has been funding for years.

The study is being conducted at the University of California at San Diego. The experimental product encapsulates immature human islets derived from a stem cell source in an immune-protective device called the Encaptra drug delivery system. At first, a small group of people in the study will be followed for several months to ensure the safety of the therapy. After the initial evaluation of this first group of participants, it is expected that additional sites will be activated to enroll more people in early 2015.

The primary goal of this first study is to evaluate the safety of VC-01 in people who have had T1D for at least 3 years; not to make them insulin independent. However, the study is also designed to evaluate the effectiveness of VC-01 in replacing the lost insulin-production function that is central to T1D, by measuring C-peptide levels as a marker of insulin production. This study will provide researchers with critical information about the functioning of the encapsulation device at the implantation site and about the maturation and survival of the implanted cells.

Dr. Paul Laikind, President and CEO of ViaCyte, said, "Treating the first patient with our stem cell-derived islet replacement product candidate is an exciting next step in our quest to transform the way patients with type 1 diabetes are impacted by the disease. Moving from a promising idea to a new medicine is a long and challenging journey and we are grateful to JDRF, and all its supporters, for the tremendous and continued support they have provided. At ViaCyte we have been working over a decade to reach this milestone, and JDRF has been there every step of the way, providing critical funding, excellent advice, and advocating on our behalf."

Human clinical trials cost 25 times more than other research, and this is why we need your support now more than ever. To achieve our vision of a world without T1D, more funding is essential. Your contributions help accelerate the progress down the path to improving lives and curing T1D.

TOGETHER, WE WILL TURN TYPE ONE INTO TYPE NONE



Local T1D Spotlight
Davis Henderson
(told by his Dad, Mark)

“The Walk seemed like the perfect opportunity for our family to get involved, meet other families, and expand our support system.”

Davis was diagnosed on 12/12/12, at the age of eight. As is the case with so many, it took our family a little while to adjust to our new normal. When the 2013 JDRF Walk in Hershey rolled around, it seemed like the perfect opportunity for our family to get involved, meet other families, and expand our support system. That first year, our team, Dumbledore's Army for Davis (DA4D), raised over \$6,000, well beyond our goal. We had no idea how we would do, but as we approached the \$4,000 mark, I put out a challenge to family and friends that if our team could raise \$5,000, I would dye my hair the color of one of the JDRF sneakers, and Davis could pick the shade. \$6,000+ raised and bright green hair made for quite

the conversation piece. Nicole and I were incredibly proud of our team that year, and Davis's little brother Jude had a great time too!

This year, we knew the initial excitement of donors would wane a bit, though we charged ahead to beat last year's total. While DA4D managed to beat it by about \$500, it was a tough go. This year we thought about how we could raise funds without continuing to ask the same people. So in January 2015, DA4D will hold its First Annual Cabaret Night at the Vineyard at Hershey. With this event, we should be able to raise more for our team and JDRF, and enjoy fun for the whole family all for a great cause!

We're the *always moving forward* type.

CORE JDRF FUNDRAISING EVENTS

The JDRF Central PA Chapter has three core event programs that raise money to find a cure: Walk to Cure Diabetes, Ride to Cure Diabetes, and our annual Gala. JDRF relies on our event participants, sponsors and donors to raise these essential funds for diabetes research. Without them, the recent advances in T1D research such as VyaCyte's encapsulation clinical trials and the steps forward in the Artificial Pancreas Project would not have been possible.

\$1.3 million

raised in FY14 for T1D research
by the Central PA Chapter

**How did we do it?
With your help!**

WALK



The Walk is a day of hope and empowerment for children and adults with T1D and their families and friends. It is a celebration for our Walkers and T1Ds for all of their hard work fundraising for T1D research. Our Walk Teams and Sponsors are a huge part of the plan to turn type one into type none. It wouldn't be possible without your hard work and dedication. Join us at one of our 3 Walks!

More information at walk.jdrf.org



RIDE



7 destination rides



new local ride 1

More information at ride.jdrf.org

JDRF Rides are life-changing events. Riders take on two challenges: raising the money needed to fund research for better treatments and a cure for diabetes, and reaching a personal training goal to prepare for a destination cycling experience. For the first time in 2014 we added a new local ride option, the Three Creek Century, in conjunction with the Harrisburg Bike Club.

GALA



One of Central PA's most prestigious black tie events, the JDRF gala sells out every year. The evening includes live and silent auctions, dinner and drinks, entertainment and more! The 2015 Gala will feature T1D celebrity, Bret Michaels.

More information at centralpa.jdrf.org





Third Party Event Spotlight
The Elegance at Hershey

The Elegance at Hershey brings the finest of vintage race cars and show quality collector cars together for a weekend celebrating the automobile while raising money for JDRF and other causes. The Central Pennsylvania Chapter of JDRF has received over \$150,000 from The Elegance at Hershey over the past three years. Mark your calendars for the 2015 Elegance at Hershey June 19-21.

We're the closer than you think type.

ADDITIONAL FUNDRAISING EVENTS

GOLF



The 2014 JDRF Golf Classic at the Hershey Country club raised \$97,000 for diabetes research. Thank you to all of our sponsors and to the nearly 100 golfers who came out for a great day to raise funds for T1D research.



KIDS WALK



The Kids Walk is an educational, in-school fundraising program. It raises awareness about T1D while giving kids the opportunity to help others by raising money for diabetes research. Students can earn prizes and banners for their school, and schools earn back 10% of what they raise! It's FUN, it's EASY, it's EDUCATIONAL!

Our top fundraising Kids Walk in FY14 was held at Mifflinburg Area Middle School. The kids at Mifflinburg raised over \$9,250 for diabetes research!



Contact Sara at slewis@jdrf.org to get a Kids Walk at your school!

More information at kidswalk.jdrf.org

TEAM JDRF & THIRD PARTY EVENTS

Team JDRF is a way that anyone and everyone can join in the fight against T1D through grassroots fundraising.



TEAM JDRF EVENTS

Turn your favorite hobby, sport, or social event into a fundraising campaign that will bring us closer to a world without T1D. Organize an event in your community. It's easy and fun, and Team JDRF will provide the tools, resources, and support you need along the way!

TEAM JDRF CAMPAIGNS

Team JDRF is more than events. Turn a life milestone, physical goal, endurance challenges, or memorials into a grassroots fundraising opportunity. With Team JDRF's free fundraising tools, anyone can create a world without T1D.

More information at team.jdrf.org

THIRD PARTY EVENTS

There are a number of third party events that benefit JDRF. Among these are the Elegance at Hershey, the Kathy L. Pape Open golf tournament, motorcycle club events, high school dodgeball tournaments. If you are interested in holding your own third party event to benefit JDRF, please contact Sara Lewis at slewis@jdrf.org or (717) 901-6489.

Be the rise to every challenge type.

What YOU Can Do to Turn Type One into Type None

**GET
INVOLVED.
TAKE
ACTION.
MAKE A
DIFFERENCE.
CURE T1D.**

JDRF exists for and because of the millions of children, adults, and families affected by T1D every day. Their determination to overcome this disease inspires us and strengthens our resolve to create a world without T1D. But we cannot get there without our amazing volunteers, supporters, and donors. JDRF is a volunteer driven organization that relies on supporters like you to propel us forward in our mission to turn type one into type none.

MAKE A CONTRIBUTION

Make a secure online donation at jdrf.org

GET CONNECTED!

Like us. facebook.com/JDRFCentralPA

Follow us. [@JDRFCentralPA](https://twitter.com/JDRFCentralPA)

BECOME AN ADVOCATE

By signing up, you will receive emails on different ways you can let Congress know how important treating, curing, and preventing T1D is to you! It's an important part of the plan!

Text "ACT" to JDRF1 (53731) to join or sign up online at advocacy.jdrf.org

SUPPORT GROUPS

Attend one, or volunteer to help host one!
Call (717) 901-6489 for more information.

MENTOR PROGRAM

Get connected with a mentor, or become one!
JDRF mentor trainings are offered annually.
Call (717) 901-6489 for more information.

VOLUNTEER

Event day, general office, and committee/board volunteer opportunities available.
Contact Sara Lewis at slewis@jdrf.org
or (717) 901-6489 to volunteer

FORM A FAMILY WALK TEAM

Register at walk.jdrf.org

RIDE TO CURE DIABETES

Sign up at ride.jdrf.org

ATTEND THE GALA

Purchase your Gala tickets at centralpa.jdrf.org

PROCURE AUCTION ITEMS FOR THE GALA

You can be a part of this exceptional event by procuring items for the gala auction from local stores, restaurants, and service providers that you frequent - all you have to do is ask!
For more information contact MaryAnn Pruden at mpruden@jdrf.org or (717) 901-6489.

CHALLENGE EVENT

Team JDRF Challenge Events provide entry into some of the country's most exciting running events. Run with a team that's united in the common purpose of ending T1D
Sign up at team.jdrf.org/challenge-events/

TEAM JDRF EVENT

Turn your favorite hobby, sport or social event into a fundraising campaign that will bring us closer to a world without T1D.
Get started at team.jdrf.org

Local T1D Spotlight
Leah Libhart
(told by her Mom, Stephanie)

Leah was diagnosed with Type 1 Diabetes (T1D) when she was three years old. Because we didn't know the signs of T1D, we almost lost her. Her grandfather, a respiratory therapist, recognized the sweet smell on her breath. He saved her life. Had she not made it to the emergency room that night, she would not have woken up the next day.

Only three weeks after her diagnosis, Leah had enough of other people pricking her fingers with a needle 8-10 times a day. She declared that she'd be testing her own blood sugar from that point on, and she has. Now, three years after her diagnosis, Leah packs her own lunch for school with a digital food scale and a calculator. She is a whiz at math and understands exactly how her pancreas works differently than her friends'. Much like other kids, she plays on a soccer team, swims all summer long and loves watching Notre Dame football. But, in many ways, she's not like other kids. Her life depends on an insulin pump, a physical reminder that she lives with a chronic disease that will never go away. Fighting diabetes is a minute-by-minute battle and there is no room for error. Sometimes a simple cold or stomach flu lands her in the emergency room. She never, ever gets a day off. Despite these challenges, Leah's abundant kindness and inner-strength inspire all who know her.

We would like all who read Leah's story to educate themselves about the symptoms of T1D so that other parents will be empowered to seek medical attention for their children exhibiting signs of T1D as soon as possible.



CORPORATE OPPORTUNITIES

SPONSOR AN EVENT

Sponsorship opportunities range from \$250 to \$50,000, and can be tailored to suit your company's unique goals and needs.

Contact Susan Harral at sharral@jdrf.org

FORM A CORPORATE WALK TEAM

A great team building opportunity!

Register at walk.jdrf.org or contact

Lauren McPherson at lmcperson@jdrf.org

IN-KIND SPONSORSHIP

In-kind donations such as event day supplies help keep our costs down, so we can devote more money to T1D research.

Call (717) 901-6489 for more information

GALA AUCTION ITEM DONATION

Donating an item to the JDRF Gala's live or silent auction offers great exposure!

Contact MaryAnn Pruden mpruden@jdrf.org

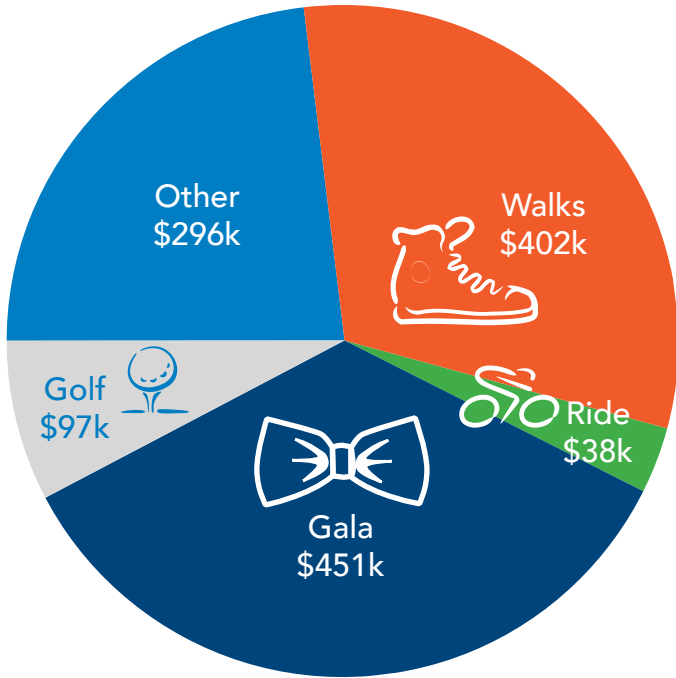
Be the take this to the finish type.

JDRF FINANCIALS

At the Central PA Chapter of JDRF, our goal is to provide support services to local adults and children with type 1 diabetes (T1D) and their families, and raise funds for research that will improve the lives of those living with T1D until the ultimate cure is found. In FY14 we built upon our success from the previous fiscal year and once again raised over \$1 million in revenue for diabetes research. The generosity, dedication and commitment of the Central PA community is deeply appreciated. With your continued support, we will be known as a community who helped create a world without T1D.

FY14 CHAPTER REVENUE & EXPENSES

GROSS REVENUE: \$1,295,000



OTHER

Individual Giving	\$78,000
Corporate/Foundation	\$66,000
Outreach	\$37,000
Third Party Events	\$115,000

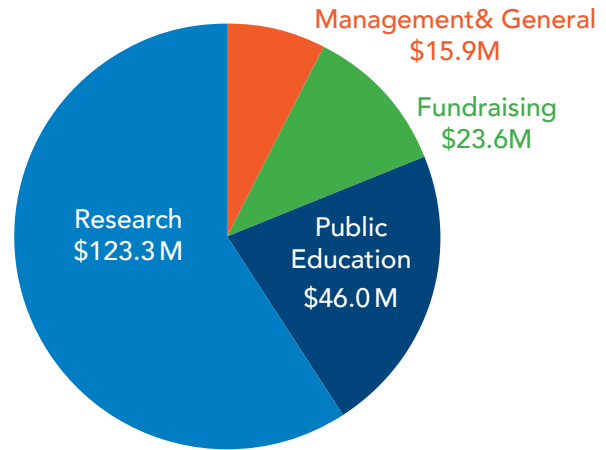
TOTAL EXPENSES: \$477,000

NET REVENUE: \$818,000

JDRF INTERNATIONAL FINANCIALS

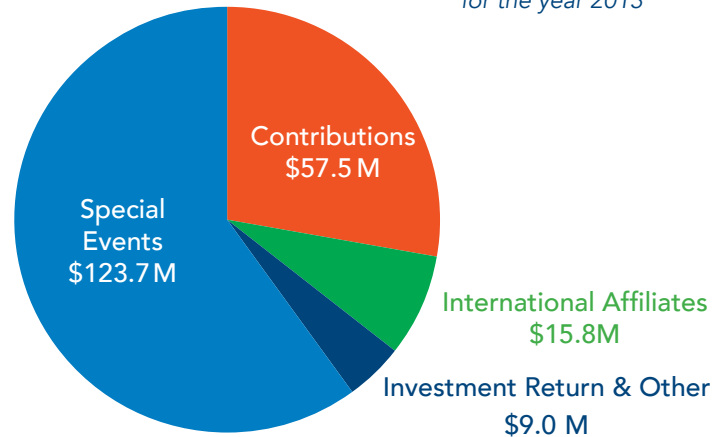
FUNCTIONAL EXPENSES: \$208.8 M

for the year 2013



PUBLIC SUPPORT & REVENUE: \$206.0 M

for the year 2013





Local T1D Spotlight
Erica Italiano

“I would love to be able to go one day without having diabetes on the top of my mind.”

I would love to be able to go one day without having diabetes on the top of my mind. Having type 1 diabetes is a full time job. The first thing I do in the morning is find my insulin pump that has been rolling around in bed with me all night. I then check my blood sugar and adjust my insulin. Whenever I eat or drink I need to keep track of all the carbohydrates I am eating so I get the proper insulin dosage. Insulin dosing can get messy. You have to take into account blood sugar levels, insulin that's already working, are you planning on exercising soon, did you just finish exercising, are you sick, or does your body just not want to absorb insulin today. After thinking about

all this I give myself insulin and hope for the best. This can lead to having high blood sugar which can end up making me feel lousy with extreme fatigue, nausea, dehydration, etc. Or I could end up with low blood sugar which can cause me to have abnormal sweating, shaking. I must always carry around glucose tablets just in case my blood sugar drops when I am out of the house. I also need to make sure I have back up supplies for my insulin pump and glucose meter. I hope one day I will be able to walk out of my house without worrying if there is enough insulin in my pump or if my blood sugar level is safe enough for driving. I hope to see the day when I no longer have to live with T1D.

THANK YOU TO OUR PARTNERS

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Anda Inc.
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Becton Dickson Consumer Health
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Buchanan Ingersoll & Rooney P.C.
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Nationwide Insurance
Novak Strategic Advisors
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Nxtbook Media
Omnova Solutions
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Rexam
Rite Aid Foundation
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Teva Pharmaceuticals
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URL/Mutual Pharmaceutical
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2015 CALENDAR OF EVENTS

- | | | |
|---------------|---|---|
| March 22 | | Type One Nation Summit, <i>Lancaster, PA</i> |
| April 18 |  | Rock the Cure Gala, <i>Hershey, PA</i> |
| May 17 |  | Lancaster Walk to Cure Diabetes |
| May 30 |  | State College Walk to Cure Diabetes |
| June 19-21 | | The Elegance at Hershey |
| Fall 2015 |  | Ride to Cure Diabetes at Three Creek Century, <i>Carlisle, PA</i> |
| Fall 2015 |  | Hershey Walk to Cure Diabetes |
| November 2015 | | Diabetes Awareness Month |
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Please check the Central PA Chapter website and facebook page for more upcoming events, including YLC events, T1D coffee chats, support groups, third party events, fundraising opportunities, and more!

CONNECT WITH US



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